



SANTA SUSANA HIGH SCHOOL

School of Visual & Performing Arts

3570 Cochran St

Simi Valley, California 93063

805.520.6800 www.sshs.simivalleyusd.org



Welcome to TrouArts at Santa Susana High School! The following pages must be read, signed, and **returned to the main office**. You only need to submit 1 packet per student. **All the paperwork in this packet** must be completed for your student to fully participate in the performing arts.

Monday August 18th

- All paperwork due (failure to submit on time may have an impact on your grade)
- Back to School Night- time will be communicated by email
- Performing Arts Parent/Guardian Night- directly following back to school night

Volunteer Information

- We need volunteers for our shows! All families should plan on volunteering for a minimum of three events per year. If you are unable to volunteer your time, please consider donating to Boosters. Volunteer information will be communicated by your department Booster rep ahead of each show.
- All on campus volunteers must have completed volunteer paperwork which can be found on our TrouArts website. Volunteer paperwork can be submitted to the main office.
- All drivers for field trips must have completed driver packets. Driver packets can be picked up and submitted to the main office.

Included in this packet for your reference:

- ☐ Boosters Information
- ☐ Performing Arts Calendar *calendar is subject to change*
- ☐ Accident Insurance Information

Included in this packet that must be signed and returned to the main office:

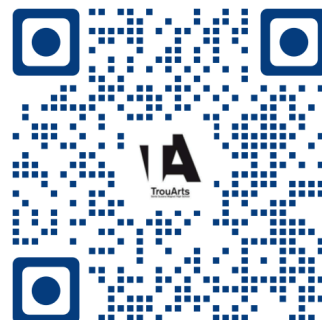
ALL this paperwork is needed for all performing arts students no matter what specific classes you are in. Failure to submit all of the paperwork by the due date may result in a grade deduction and inability to participate in class. Copies of these documents can be found on the TrouArts website.

- ☐ TrouArts Expectations
- ☐ PAC General Guidelines
- ☐ Concussion Information Sheet
- ☐ Industrial Arts Informed Consent
- ☐ Athletic Activity Informed Consent

Thank you,

The TrouArts Team
linktr.ee/TrouArts

Questions about this packet can be directed to Julia Pinhey.
Email: Julia.Pinhey@simivalleyusd.org



Performing Arts Booster Information

Dear TrouArts Families,

As a valued part of the SSHS community, we are excited to extend an invitation for you to join or support the **Santa Susana Performing Arts Booster Club (SSPAB)** — a vital organization dedicated to enriching the artistic and educational experiences of our students.

SSPAB plays a key role in providing funding and volunteer support for our programs, including performances, field trips, workshops, and essential supplies. With your involvement, we can continue to offer high-quality opportunities that inspire creativity, growth, and excellence in the arts.

Here's how you can get involved:

- **Sign up! It is free- join Membership Toolkit at SSPAB.org** This is your "one-stop-shop" for all of the Performing Arts departments. By registering here, you will be kept up to date with everything you need to know, as well as having the convenience at your fingertips to purchase/donate/volunteer/take part in all of the happenings throughout the year. Scan the QR code below to access the website.
- **Volunteer your time** – Assist with events and fundraising.
- **Make a donation** – Every contribution, big or small, makes a meaningful difference.

Whether you have a little time or a lot, your support matters. Together, we can ensure that every student at SSHS has access to the tools and experiences they need to thrive artistically and academically.

Sincerely,

Christine Greenberg President, TrouArts Booster Club
sshsboosterpres@gmail.com



TrouArts 2025-2026 Calendar

Date	Time	Department	Show	Venue
Fall 2025				
8/14/2025	2:45 PM	ALL	TrouArts Show Reveal	PAC
8/29/2025	7:00 PM	Instrumental	SoozaPalooza	Outdoors
9/16/2025	6:00 PM	Instrumental	8th grade instrumental night	MUR
9/26/2025	6:00 PM	Vocal	TBD	PAC
9/26/2025	8:00 PM	Vocal	TBD	PAC
10/9/2025	7:00 PM	Instrumental	TBD	PAC
10/10/2025	7:00 PM	Instrumental	TBD	PAC
10/22/2025	7:00 PM	Children's	TBD	MUR
10/23/2025	7:00 PM	Play Pro	TBD	MUR
10/24/2025	7:00 PM	Children's	TBD	MUR
10/25/2025	7:00 PM	Play Pro	TBD	MUR
11/20/2025	7:00 PM	Musical	TBD	PAC
11/21/2025	7:00 PM	Musical	TBD	PAC
11/22/2025	7:00 PM	Musical	TBD	PAC
12/4/2025	7:00 PM	Instrumental	Winter Show- TBD	PAC
12/5/2025	7:00 PM	Instrumental	Winter Show-TBD	PAC
12/11/2025	4:30 PM	Dance/Vocal	Combined Show- TBD	PAC
12/12/2025	7:00 PM	Dance/Vocal	Combined Show-TBD	PAC
12/13/2025	2:00 PM	Dance/Vocal	Combined Show-TBD	PAC
12/13/2025	7:00 PM	Dance/Vocal	Combined Show-TBD	PAC
Spring 2026				
2/5/2026	10:00 AM	Children's	TBD	PAC
2/6/2026	7:00 PM	Children's	TBD	PAC
2/7/2026	7:00 PM	Children's	TBD	PAC
2/12/2026	7:00 PM	Vocal/Instrumental	Swing Night	MUR
3/5/2025	7:00 PM	Play Pro	TBD	PAC
3/6/2026	7:00 PM	Play Pro	TBD	PAC
3/7/2026	7:00 PM	Play Pro	TBD	PAC
3/11/2026	7:00 PM	Instrumental	SVUSD Festival	PAC
3/12/2026	7:00 PM	Instrumental	SVUSD Festival	PAC
3/13/2026	8:00 AM	Vocal	Festival	PAC
4/15/2026	7:00 PM	Instrumental	Chamber Night	MUR
4/23/2026	7:00 PM	Musical	TBD	PAC
4/24/2026	7:00 PM	Musical	TBD	PAC
4/25/2026	7:00 PM	Musical	TBD	PAC
4/30/2026	7:00 PM	Musical	TBD	PAC
5/1/2026	7:00 PM	Musical	TBD	PAC
5/2/2026	7:00 PM	Musical	TBD	PAC
5/13/2026	7:00 PM	Vocal	Cafe Troubadour-TBD	PAC
5/14/2026	7:00 PM	Vocal	Cafe Troubadour-TBD	PAC
5/15/2026	7:00 PM	Vocal	Cafe Troubadour-TBD	PAC
5/21/2026	7:00 PM	Dance	TBD	PAC
5/22/2026	7:00 PM	Dance	TBD	PAC
5/23/2026	2:00 PM	Dance	TBD	PAC
5/28/2026	7:00 PM	Instrumental	TBD	PAC
5/29/2026	7:00 PM	Instrumental	TBD	PAC



Student Accident Insurance and Affordable Health Care
2025-2026 School Year

Dear Parents:

The Simi Valley Unified School District **does not provide medical, accident or dental insurance** for pupils injured on school premises or through school activities and field trips. In accordance with Education Code Section 49472, the District is making available a low cost medical/dental accident insurance program.

Accident Only Plans

The purpose of the "Accident Only Plan" is to provide assistance at a minimum cost to meet some of the expenses for accidental injury. The plans pay the first \$500.00 in benefits in addition to other insurance, which can help you meet your primary insurance deductibles and/or co-payments. Filing of claims and follow-up relating to a claim will be the responsibility of the parent.

The plan costs are in the chart below. Please visit your Childs' School Office to obtain a detailed brochure/application, or you may obtain one and sign up online at www.peinsurance.com (click on Products, then Student Insurance). Please read the Student Benefits Plan Brochure for complete details and select the plan that best meets your needs. For additional questions, please contact Pacific Educators at (800) 722-3365.

ALL PLANS ARE A ONE TIME ANNUAL PAYMENT

Options	Low	High
At School Plan		
Grades P-8	\$11.00	\$25.00
Grades 9-12	\$24.00	\$54.00
24-Hr-a-Day Plan		
Grades P-8	\$75.00	\$161.00
Grades 9-12	\$92.00	\$192.00
Tackle Football Coverage		
Grade 9	\$36.00	\$80.00
Grades 10-12	\$84.00	\$177.00
Extended Dental Benefit Option: \$6.00		

Please see brochure for complete plan details

Under state law, school districts are required to ensure that all members of school athletic teams have accidental injury insurance that covers medical and hospital expenses. The school district offering the above plan or other health benefits that cover medical and hospital expenses meet this insurance requirement.

Health Insurance Plans

Pacific Educators can now assist families in applying for health insurance plans that meet the guidelines of the **Affordable Care Act**. Some families may qualify for tax savings and government assistance. Pacific Educators are "Certified" Covered California Agents and can also help with Medi-Cal applications. For assistance, please call the number above or visit www.peinsurance.com (click on Products, then Health Insurance).

We are pleased to make this program available for your children and encourage you to consider participation for the 2025-2026 school year.

Sincerely,

Dr. Hani Youssef
Superintendent

From Here to Anywhere

101 West Cochran Street,
Simi Valley, CA 93065
805.306.4500
simivalleyusd.org

SVUSD BOARD OF TRUSTEES

Kristina Pine
Dawn Smollen
Mike James
Kareem Jubran
Dr. Ron Resnick



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TrouArts Expectations

Academics

- Students are expected to remain in good academic standing throughout the year.
 - Students should not have more than one F at any time.
 - Students are expected to maintain a minimum of 2.0 GPA.
- Students are encouraged to attend intervention for courses in which they need additional support.
- Students who are not in good academic standing may not be permitted to participate in productions.
- Students who are not in good academic standing will not be permitted to attend field trips.

Attendance

- Students are expected to be at 100% of tech rehearsals and performances for any production. Any tardiness or absences for tech rehearsal or shows may have a negative impact on their grade. Emergency situations or illness will be handled on a case-by-case basis.
 - Routine appointments **should not** be scheduled during tech rehearsals or shows.
 - When a student misses a tech rehearsal or show it puts undue stress on other students.
- If a student is going to be unexpectedly late or absent to a rehearsal or performance, they should immediately email their teacher.
- Students must attend their daytime academic classes to participate in rehearsals and shows. Students may not be absent for their academics and come only for rehearsals or shows.

Rehearsals/Shows

- Rehearsals and shows will start on time. Students must be in their designated location at their call time.
- Rehearsals and shows will end on time. A ride home should be waiting in the **Cochran parking lot** when students are dismissed. Failure to pick up students on time may impact their ability to participate in productions.
- There will always be a teacher on site for rehearsals or performances. Students should communicate with the teacher on site if any assistance is needed.
- Students are not permitted to leave the building which they are assigned for any reason without communicating with the teacher on site.
- Students must abide by each teacher's sign in/out procedures.
- Students are expected to abide by all safety protocols and act in a professional manner.
- Students must keep their designated areas neat and orderly.
- Students must follow all instructions given by the staff and the technical crew.
- Students should come prepared with food and water. Food should be stored **outside** of the building. Only water is permitted inside the building, including the green room and lobby.
- Students must wear appropriate undergarments to allow for costume changing backstage.
- Students must be respectful to other students and staff at all times.
- Students must wear the appropriate costumes designated by their teacher during class, rehearsals, and shows.

Continued on next page



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TrouArts Expectations Cont.

Marketing/Ticketing

- Our classes and productions are primarily self funded by ticket sales. Students are expected to assist with marketing by communicating to their family, friends, and community about upcoming shows.
- Students should encourage pre-sales of tickets to limit lines at the box office. There is no financial benefit to purchasing tickets at the box office.

Fees

- There are no fees to participate in the performing arts.
- Classes may require students to purchase appropriate shoes or clothing to allow for proper movement and safe rehearsals. Families needing financial assistance to purchase the necessary items to participate should contact their teacher directly.
- **A student's ability to pay will not impact their participation or performance time** in performing arts.
 - This requirement aligns with:
 - **Education Code §49011(c)**, which prohibits discrimination against students based on their parents' ability or willingness to pay fees, donations, or other contributions.
 - **SVUSD Board Policy 3260**, which states that no student shall be denied participation in an educational activity because of nonpayment of fees.

Student Name:	Parent/Guardian Name:
Student Signature:	Parent/Guardian Signature:
Date:	Date:

Santa Susana Performing Arts Center

General Guidelines

Rules and Regulations

- No food or drink is permitted **anywhere in the building**, excluding water in a closed, clear container.
- Items made of glass are not permitted in the building.
- No scented lotions or perfumes should be used in the backstage areas.
- Students must wear closed toe shoes on stage and backstage unless pre approved with the tech department.
- Students may not be in the building without a designated staff member present.
- Students should not touch any of the soft goods (curtains, cyc, legs, etc.) on stage.
- Students should not walk behind the cyc (big white curtain) at any point.
- Talking on stage should be at an absolute minimum to allow for communication regarding safety items.
- Cell phones are not permitted on stage.
- Only students involved in the *current production* are permitted backstage.
- Headphones are not to be worn in the PAC, students need to be able to hear any safety instructions.

Fire Safety

- Fire doors should not be propped open. Fire doors are heavy and self closing. They are designed to slow down the progress of fire and allow people to evacuate safely.
- Emergency exits should not be blocked at any time, even temporarily. You can identify an emergency exit by the exit sign above the door.
- Clear access to the smoke hatches must be maintained (stage right).
- Clear access to the emergency fire curtain switch must be maintained (stage left and right).
- The fire curtain track must be clear at all times, even in show conditions. The fire curtain must be able to come down and fully close at any time.
- Walkways must always remain clear of people, equipment, and belongings to allow for a safe evacuation of the building at any point.
- Please check the condition of the equipment you are bringing into the PAC. Do not bring any cable with exposed wiring, breaks, tears, or otherwise broken into the PAC. All power connections should fit snugly and be free from temporary "fixes".
- Emergency release levers (fire curtain and smoke hatches) should only be used in case of emergency. No student or staff member should ever touch or alter any portion of the equipment unless authorized to do so.

Stage Safety

- Students should always remain a minimum of two feet away from the edge of the stage.
- No one should walk underneath a line set that is actively moving in (towards the stage).
- Tech students will mop the stage before every rehearsal and performance, please do not enter the stage when it is wet.
- Only authorized Tech students and staff should operate the rigging system and any other theatrical equipment.
- Only authorized Tech students and staff should enter the catwalks, spot booth, or any other "at height" condition.

Student Name:	Parent/Guardian Name:
Student Signature:	Parent/Guardian Signature:
Date:	Date:

Simi Valley Unified School District Concussion Information Sheet

A concussion is a brain injury and all brain injuries are serious. They are caused by a bump, blow, or jolt to the head, or by a blow to another part of the body with the force transmitted to the head. They can range from mild to severe and can disrupt the way the brain normally works. Even though most concussions are mild, **all concussions are potentially serious and may result in complications including prolonged brain damage and death if not recognized and managed properly.** In other words, even a “ding” or a bump on the head can be serious. You cannot see a concussion and most sports concussions occur without loss of consciousness. Signs and symptoms of concussion may show up right after the injury or can take hours or days to fully appear. If your child reports any symptoms of concussion, or if you notice the symptoms or signs of concussion yourself, seek medical attention right away.

Symptoms may include one or more of the following:

- | | |
|----------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------|----------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------|
| <ul style="list-style-type: none">• Headaches• “Pressure in head”• Nausea or vomiting• Neck pain• Balance problems or dizziness• Blurred, double, or fuzzy vision• Sensitivity to light or noise• Feeling sluggish or slowed down• Feeling foggy or groggy• Drowsiness• Change in sleep patterns | <ul style="list-style-type: none">• Amnesia• “Don’t feel right”• Fatigue or low energy• Sadness• Nervousness or anxiety• Irritability• More emotional• Confusion• Concentration or memory problems (forgetting game plays)• Repeating the same question/comment |
|----------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------|----------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------|

Signs observed by teammates, parents and coaches include:

- | |
|-------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------|
| <ul style="list-style-type: none">• Appears dazed• Vacant facial expression• Confused about assignment• Forgets plays• Is unsure of game, score, or opponent• Moves clumsily or displays incoordination• Answers questions slowly• Slurred speech• Shows behavior or personality changes• Can’t recall events prior to hit• Can’t recall events after hit• Seizures or convulsions• Any change in typical behavior or personality• Loses consciousness |
|-------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------|

What can happen if my child keeps on playing with a concussion or returns too soon?

Athletes with the signs and symptoms of concussion should be removed from play immediately. Continuing to play with the signs and symptoms of a concussion leaves the young athlete especially vulnerable to greater injury. There is an increased risk of significant damage from a concussion for a period of time after that concussion occurs, particularly if the athlete suffers another concussion before completely recovering from the first one. This can lead to prolonged recovery, or even to severe brain swelling (second impact syndrome) with devastating and even fatal consequences. It is well known that adolescent or teenage athletes will often under report symptoms of injuries. And concussions are no different. As a result, education of administrators, coaches, parents and students is the key for student-athlete's safety.

If you think your child has suffered a concussion

Any athlete even suspected of suffering a concussion should be removed from the game or practice immediately. No athlete may return to activity after an apparent head injury or concussion, regardless of how mild it seems or how quickly symptoms clear, without medical clearance. Close observation of the athlete should continue for several hours. California Education Code section 49475 and CIF Bylaw 313 now require implementation of long and well-established return to play concussion guidelines that have been recommended for several years.

You should also inform your child's coach if you think that your child may have a concussion. Remember it is better to miss one game than miss the whole season. And when in doubt, the athlete sits out.

Return to Play (RTP)

Concussion symptoms should be completely gone before returning to full practice or competition. A RTP progression involves a gradual, step-wise increase in physical effort, sports-specific activities and the risk for contact. If symptoms occur with activity, the progression should be stopped. If there are no symptoms the next day, exercise can be restarted at the previous stage.

RTP after concussion should occur only with medical clearance from a medical doctor trained in the evaluation and management of concussions, and a step-wise progression program monitored by an athletic trainer, coach, or other identified school administrator. Please see cifstate.org for a graduated return to play plan. Return to play (i.e., full practice and competition) must be no sooner than 7 days after the concussion diagnosis has been made by a physician.

For current and up-to-date information on concussions you can go to:

<http://www.cdc.gov/ConcussionInYouthSports/>

Student-athlete Name Printed

Student-athlete Signature

Date

Parent or Legal Guardian Printed

Parent or Legal Guardian Signature

Date**Legal References:**

California Education Code section 49475,

California Interscholastic Federation Bylaw 313



**INDUSTRIAL ARTS, STAGECRAFT, DRAMA CLASS
INFORMED CONSENT AND LIABILITY RELEASE
ACKNOWLEDGMENT AND ASSUMPTION OF POTENTIAL RISK**

Student name

Birth date

Parent or legal guardian (Please print)

Student address

School

Instructor

Room

I authorize my son/daughter, named above, to participate in the drama class, stagecraft program. I understand and acknowledge that drama class, stagecraft activities, by their very nature, pose the potential risk of serious injury and/or illness to the individuals who participate in such classes.

Hazards of these classes include, but are not limited to, the following:

Hand tools

Hand power tools

Fixed power tools

Flammable liquids

Chemical exposure

Hot surfaces and/or hot
materials

Live electricity

Working at elevated locations,
catwalks, mezzanines,
ladders

I understand and acknowledge that some of the injuries and/or illnesses that may result from participation in drama class, stagecraft activities include, but are not limited to, the following:

Lacerations (cuts)

Avulsions (loss of body part)

Contusions

Sprains/Strains

Fractured bones

Loss of eyesight

Electric shock

Unconsciousness

Back and/or head injuries

Paralysis

Death

I understand and acknowledge that participation in drama class, stagecraft activities is completely elective and voluntary and as such is not required by the Simi Valley Unified School District or Ventura County Office of Education for completion of graduation requirements. I also understand that, if I do not consent to my son's/daughter's participation in the drama class, stagecraft activities, he/she will be offered an alternative course of study, in which he/she may work for graduation credit.

I understand that all participants are to abide by and accept all rules and requirements governing conduct and safety in the drama class, stagecraft activities. To the extent permitted by the Education Code, any participant determined to be in violation of behavior standards may be removed from this program

I understand and acknowledge that in order to participate in these activities, I and my son/daughter agree to assume liability and responsibility for any and all potential risks that may be associated with participation in drama class, stagecraft activities.

I agree to, and do hereby release and hold the Simi Valley Unified School District, Ventura County Office of Education and its officers, agents, employees and/or volunteers harmless for any and all claims; demands; causes of action; liability; damages; expenses; or loss of any sort, including bodily injury or death; because of or arising out of acts or omissions with respect to the drama class, stagecraft activities.

I acknowledge that I have carefully read this "Drama Class, Stagecraft, Informed Consent and Liability release, Acknowledgment and Assumption of Potential Risk" form and that I understand and agree to its terms.

Signature (Student)

Date

Signature (Parent or legal guardian)

Date

Home telephone

Work telephone

Mobile telephone



VOLUNTARY SPORTS/ATHLETIC EVENT OR ACTIVITY INFORMED CONSENT AND LIABILITY RELEASE ACKNOWLEDGMENT AND ASSUMPTION OF POTENTIAL RISK

Student name

M F
Sex

Birth date

Parent or legal guardian (Please print)

Student address

School

Sport/Activity

Coach/Instructor

I authorize my son/daughter, named above, to participate in the indicated sport/athletic event or activity. I understand and acknowledge that sport/athletic activities, by their very nature, pose the potential risk of serious injury and/or illness to the individuals who participate in such sport/athletic events or activities.

This sport/athletic event or activity, by its very nature, poses some inherent risk of a participant being seriously injured. These injuries could include, but are not limited to, the following:

- | | |
|------------------------------------------|---------------------|
| 1. Sprains and strains | 6. Disfigurement |
| 2. Fractured bones | 7. Head injuries |
| 3. Lacerations, abrasions, and avulsions | 8. Loss of eyesight |
| 4. Unconsciousness | 9. Death |
| 5. Paralysis | |

I understand and acknowledge that participation in sport/athletic events or activities is completely elective and voluntary and as such is not required by the District for completion of graduation requirements. I also understand that, if I do not consent to my son's/daughter's participation in the sport/athletic event or activity, he/she will be offered an alternative course of study, in which he/she may work for graduation credit.

I understand that all participants are to abide by and accept all rules and requirements governing conduct and safety in the sport/athletic event or activity. To the extent permitted by the Education Code, any participant determined to be in violation of behavior standards may be removed from this sport/athletic event or activity.

I understand and acknowledge that in order to participate in these activities, I and my son/daughter agree to assume liability and responsibility for any and all potential risks that may be associated with participation in sport/athletic events or activities.

I agree to, and do hereby release and hold the District and its officers, agents, employees and/or volunteers harmless for any and all claims; demands; causes of action; liability; damages; expenses; or loss of any sort, including bodily injury or death; because of or arising out of acts or omissions with respect to the sport/athletic event or activity.

I acknowledge that I have carefully read this "Voluntary Sports/Athletic Event or Activity, Informed Consent and Liability release, Acknowledgment and Assumption of Potential Risk" form and that I understand and agree to its terms.

Signature (Student)

Date

Signature (Parent or legal guardian)

Date

Home telephone

Work telephone

Mobile telephone or pager